

TERM 1 WEEK 4 2018

# St. Andrew's Christian School

## NEWSLETTER



## Principals Report

Dear Parents/Caregivers,

Our School Commencement Service was held at St. Andrew's Presbyterian Church and proved to be a most successful occasion. Our 2 School Captains, Bailey Gutteridge and Leah Collins took part in the service led by Pastor Michael Eleveld. Pastor Michael and I are keen to make this an annual event at the beginning of each school year.

The P & F are having their Annual General Meeting on Friday 2nd March at 1:30 p.m. I would encourage all of our parents to make a special effort this year to not only attend this important occasion but to be actively involved in our P & F and getting to know some of the school parents.

The school board is now in the planning stage of our 2018-2019 building program. The senior toilets are presently being remodelled and upgraded for our senior students. We are also in the planning stage for the construction of 2 new toilet blocks. One Primary School block and a High School block. We are using the professional services of Sarah Armstrong Architect in Coffs Harbour. We are also planning a 2 classroom block in the 2018-2019 program.

The school board will be meeting on Saturday 24th February.

I would like to take this opportunity to thank our Board Members for their dedication to the governance of our school.

Our school bus is now making a regular bus run each day, picking up children in Pre Kinder, Kindergarten and Year 1 from Grafton Presbyterian Church and South Grafton Presbyterian Church. This is a free service and interested parents are encouraged to contact the school office for details.

I read this passage of scripture to all of our school students.

"Trust in the Lord with all your heart and lean not on your own understanding, in all your ways acknowledge Him and He will make your paths straight. Proverbs 3:56.

**Mr M Lindsay**  
**Principal**

### Key Dates:

<b>Year 7 Vaccinations (Gardasil &amp; Boostrix)</b>	<b>28/2</b>
<b>Secondary Zone Swimming</b>	<b>1/3</b>
<b>P &amp; F AGM 1:30 P.M.</b>	<b>2/3</b>
<b>Bunnings BBQ</b>	<b>3/3</b>
<b>Zone Touch Football</b>	<b>13/3</b>



### 'NO NUT POLICY'

FOR SOME TIME NOW OUR SCHOOL HAS HAD A 'NO NUT POLICY'. IT IS

ESPECIALLY IMPORTANT AS MANY OF OUR STUDENTS HAVE LIFE

THREATENING ALLERGIES TO NUTS.

PLEASE DO NOT SEND PRODUCTS THAT LIST ANY KIND OF NUTS ON THE INGREDIENTS LIST.

### Things to Remember

- Canteen Volunteers Needed
- If your child has lost items of clothing, please check lost property.
- Teacher supervision of students (8.15 a.m. in the morning until final departure of the last bus (approx. 3.40 p.m.)
- Parents & Carers must sign in at the office and pick up a visitors sticker when visiting the school for any reason.

# Prep News



Our start to Prep this year has been a busy one with 10 children enrolled. They have all settled in well and are adjusting well to their new friends, new teacher and new environment. Our class is constantly looking for resources to either add new activities to our class or to replace older/worn out ones. If you are doing a spring clean of your child's toys, we would appreciate small items such as matchbox cars, puzzles and games, or anything else you think may be useful in teaching young children.

I recently read a book called "Loose Parts. Inspiring Play in Young Children". I found it very inspiring as it reflected on the use of everyday items to encourage children to use their imagination in creating games. As a child, I didn't have many toys as such, so I had to pretend that normal items were whatever I needed to add to my game, for example leaves were food in a shop, offcuts of timber were a campfire etc. I am looking for items such as shells, buttons, cardboard cylinders, pvc pipe, small smooth stones or anything that children could sort, sequence or add to their play. The Prep room is open Tuesday, Wednesday and Thursday for delivering items.

Mrs Lorraine Harris

## Crunch&Sip

Crunch&Sip is all about crunching on veggies or fruit and sipping on water. It gives our kids a chance to top up their energy supplies and rehydrate while in the classroom. This week we will be sending home some handy magnets that provide great ideas on "What to pack for Crunch&Sip". As a reminder, plain water and whole or cut up fruit or veg is best. Remember that students have Crunch&Sip in the classroom so keep the fruit or veg snack low mess and easy to eat!



My life As A Bubble by Chloe Murphy (Class 4/5)

16.02.18 Task-to imagine you are the bubble mixture being blown into a bubble.

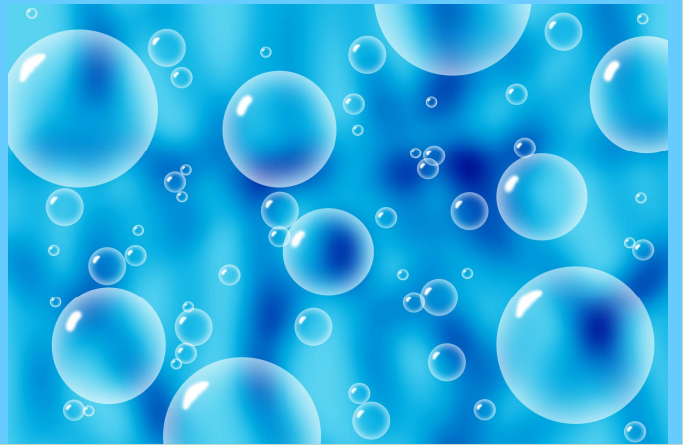
Splash, splash, splash!! A big thing is s<sup>h</sup>rring me up! Ahhh, I'm ge<sup>t</sup> ng li<sup>g</sup>ed up into the air.

"Help, help," I shout. "Help me, Mum!"

Suddenly hot, s<sup>h</sup>nky breath blows in my face. I'm a big round shape and I'm stretching and feeling like I'm going to break.

All of a sudden, **POP!**

I'm just drops of mist.



**READING MYTH #1**

You should stop reading aloud to children once they can read on their own.

**TRUTH:** Learning new words depends on hearing them, and they need to be exposed to as many words as possible. Reading aloud introduces them to as many as 32 million more words than their peers whose parents don't read to them.



## Grafton Dragon Boat Club



Grafton Dragon Boat Club (GDBC) paddle on the beautiful Clarence River at Grafton. We cater to all fitness levels and abilities and we have a combination of competitive, social and fitness paddlers.

Our club welcomes people of 12 years of age and above who would like to try the sport of Dragon Boating. We train all year round and have four (4) on water training sessions per week. GDBC members compete at regattas and marathons throughout the year. **Your first 4 sessions are free.**

### Training Times & Locations

#### Prince St Boat Ramp

Tuesday: 4.30pm Fun & Fitness  
5.30pm Intensive Training  
Thursdays: 5.30pm Intensive Training

#### Kirchner St Boat Ramp

Saturday: 8.00am Coaches choice

### **Come & Try Days - 1<sup>st</sup> Saturday of the Month**

#### Kirchner St Boat Ramp

Saturday: 10am

### **For further information please contact**

mob: 0401 634 414

email: [graftondragonboatclub@gmail.com](mailto:graftondragonboatclub@gmail.com)

web: [www.graftondragonboatclub.com.au](http://www.graftondragonboatclub.com.au)

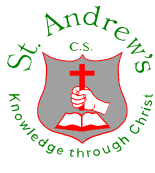


### **Annual membership fees**

Adult: \$200

Junior: \$100





# *St. Andrew's Christian School*

## **PARENTS & FRIENDS NEWSLETTER**



Welcome to the second edition of the Parents and Friends Newsletter for 2018.

Thank you to all the parents who have volunteered to help in the canteen. Thank you to all the parents who have volunteered to help with other P&F events throughout the year. Your help is invaluable and very appreciated.

### **P & F Annual General Meeting**

The P&F Annual General Meeting will be held on Friday 2<sup>nd</sup> March in the School Library at 1.30pm. At the meeting the Executive Committee will be elected for the 2018 year. All are welcome to attend.

### **School Banking**

Just a reminder that school banking now takes place **Friday weekly** during term time. Children with banking should drop their books into the canteen before school on a Friday. The books are being processed over the weekend by the School Co-ordinator and returned to the school on Monday afternoon for collection at the office. If your child is in Prep or K/1, bank books should be given to Mrs Harris or Miss White who will send the books up to the canteen with the Friday lunch orders.

New rewards for 2018 have just been released and if your child makes 15 deposits before the end of term 3, they go into the draw to win a family holiday to Hawaii. Information about this promotion is included on the attached flyer.

If your child does not currently have a school banking account, school information banking packs for parents will be sent home with children in prep and K/1 during the next week and for other years information packs will be available from the front office.

If you have any questions concerning the packs or anything about the school banking program, please contact Debbie Simpson, School Banking Co-ordinator on 0411 795 792.

### **Bunnings BBQ – Saturday 3 March 2018**

The first of our Bunnings BBQs will be held on Saturday 3 March 2018. We are currently looking for volunteers to help on the day. There are two shifts 8.15am-12.15pm and 12 noon - 4 pm. We need four people for each shift. There will also be a cake stall on the day, so if you can provide some baking, please let us know. Each item will need to be securely wrapped in plastic, labelled with ingredients and date of bake/prep and delivered to Bunnings from 9am on the day. If you can't deliver to Bunnings on the day alternative arrangements can be made. So, if you are interested in helping us on the day with the BBQ or baking, please contact Ruth Zylstra on 0422 282 255.

### **Working with Children Check**

A working with children check is a requirement for all regular volunteers. If you have a current working with children number, please give your number to the front office. If you don't have a current working with children number please go online ASAP and apply for a volunteer one, it does not cost anything [www.service.nsw.gov.au](http://www.service.nsw.gov.au) search **working with children check** and follow the prompts. For those who can't go online please let the front office know ASAP and a day will be made for you to access a computer at school to apply.

### **P&F Executive**

# The Teenage Apocalypse Survival Guide for Parents



**When:** 1st Session, Thursday the 8th March from 5.30pm to 7pm.

**Where:** headspace Grafton, 59 Duke Street Grafton.

**To register, contact:** headspace Reception

P: 66421520

*Light refreshments provided.*

**The Teenage Apocalypse Guide for Parents is a series of FREE short thought provoking presentations for parents, grandparents and carers of young people to help equip them for those challenging teenage years.**

## **Week 1: Cyber Safety for Teens.**

A one and a half hour presentation on:

- ▣ Top concerns among parents
- ▣ Parental controls
- ▣ Social networks
- ▣ Mobile phones
- ▣ Cyberbullying and more



**Presented by Snr Constable Bernadette Snow**

**School Liaison Police**

**Youth Command-Coffs / Clarence LAC**



## Grafton

## Course description

February	<p><b>Understanding boundaries</b> Tue 27<sup>th</sup> February 116B Prince St, Grafton 9:30am - 12:30pm</p>	<p>This workshop is designed to support carers with developing healthy boundaries. Basic Assertiveness and communication skills are taught in this session.</p>
March	<p><b>Understanding Self-Harm</b> Thu 27<sup>th</sup> March 116B Prince St, Grafton 12:00pm - 3:00pm</p>	<p>Is your loved one self-harming? Do you want to find out a little more information about what is self-harm &amp; why they are self-harming?</p>
April	<p><b>Understanding Depression &amp; Anxiety</b> Tue 10<sup>th</sup> April 116B Prince St, Grafton 12:00pm - 3:00pm</p>	<p>Increase your understanding &amp; awareness of depression and anxiety disorders to support your relative or friend. Information session involves: Diagnostic information, detailing what depression and anxiety are, along with information on specific types of anxiety disorders and treatment options.</p>
	<p><b>Stepping off the merry go round (SG*)</b> Thu 19<sup>th</sup> April Pullen Centre 10:00am - 12:30pm</p>	<p>This workshop will explore ways to stay connected and communicate constructively when relationships are strained.</p>
May	<p><b>8 stages of healing (8 week workshop)</b> Wed 2<sup>nd</sup> May - Wed 20<sup>th</sup> June 116B Prince St, Grafton 10:00am - 12:00pm</p>	<p>To assist carers to work through their own healing process by introducing alternatives to common patterns of coping – 'it is possible to care for your loved one without losing sight of your own needs.</p>
	<p><b>Legal issues faced as a mental health carer</b> Tue 15<sup>th</sup> May 116B Prince St, Grafton 12:00pm - 3:00pm</p>	<p>Have you got questions about what your legal rights as a mental health carer? It's important to know your legal rights when you are an unpaid carer.</p>
	<p><b>Developing emotional intelligence (SG*)</b> Thu 17<sup>th</sup> May Pullen Centre 10:00am - 12:30pm</p>	<p>The carer journey to liken to a rollercoaster and by exploring your emotions and how to manage and express yourself thoughtfully you can develop valuable skills.</p>
June	<p><b>Understanding Autism</b> Tue 19<sup>th</sup> June 116B Prince St, Grafton 9:30am - 12:30pm</p>	<p>This workshop will cover information about what is autism, signs and symptoms, facts and myths associated with Autism, what are the causes &amp; risk factors, assessment and treatment that may be available for your loved ones.</p>

\*SG = Support group session

# Get ready for a Super Savers adventure with School Banking.

This year in School Banking, your child will join the Dollarmites on a Super Savers adventure, developing strong savings skills.

School Banking encourages children to learn the value of saving and rewards those who demonstrate a regular savings behaviour.

**A CHANCE TO WIN A  
FAMILY TRIP TO  
HAWAII.**

## New Super Savers reward items.

Introducing an exciting new range of reward items with two released every term.

Available in Term 1:

- Twister Power Handball
- Secret Scratch Notepad.

Your child can redeem one of these rewards, while stocks last, after making 10 School Banking deposits.



Students who truly are Super Savers will have the chance to win a family trip to Honolulu, Hawaii, staying 7 nights at the Sheraton Waikiki Resort, plus AU\$2,000 spending money.

To enter, students simply make 15 or more School Banking deposits before the end of Term 3 2018, and they will automatically enter the Super Savers Grand Prize Competition.

**Remember,** with the CommBank Youth app, it's easy for your child to monitor the Dollarmites tokens they earn when making School Banking deposits and track their savings.

Available to download from the App Store on any iOS9+ device.



To find out more about School Banking, or explore fun activity sheets for your child, visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)

Things you should know: The 'Super Savers Grand Prize Competition' (Promotion) is conducted by the Commonwealth Bank of Australia (ABN 48 123 123 124) of Level 3C, 11 Harbour Street, Sydney NSW 2000. The Promotion starts at 9am AEDT on 22/01/18 and closes at 11:59pm AEST on 28/09/18. Entry is open to Australian residents aged 4-13 years only who have made 15 separate School Banking deposits into their CommBank 'Youthsaver' account during the Promotion period. Eligible entrants will be automatically entered into the draw. Maximum 1 entry/person. The first eligible entry randomly drawn will win a trip to Honolulu, Hawaii, USA for two adults and up to three children (aged 17 years and under), including 7 nights accommodation and \$2,000 AUD spending money, valued at \$17,666 AUD. Terms and conditions apply. The draw will take place at 12pm AEDT on 10/10/18 at the address above. The winner will be notified by telephone and email, and will be published online at [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) and in The Australian on 17/10/18. Winner must claim the prize by 5pm AEDT on 15/01/19 or the prize will be redrawn. The prize will be awarded to the winner's nominated parent or guardian. Conditions apply to accepting the prize. Full terms and conditions available from [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) Authorised under NSW Permit No: LTPS/17/18318, ACT Permit No: ACT TP 17/01989 and SA Permit No: T17/1878.



# From the Deputy Principal—Secondary

Welcome to the 2018 school year.

Please continue to view our facebook page; read the newsletters; peruse the school web site, and check your child's school bag (!) for information about what's on.

You are welcome to join us each Friday morning for the whole school assembly from 9-9:35am in the COLA.

Please come and chat with the Year Coordinators or myself about any concerns, celebrations, events, changes so that we can continue to cater for your child fully.

The 2018 Year Coordinators are: *Year 7* - Fiona Wood and Cathy Irons; *Year 8* – Holly Tucker and Dennis Summersgill; *Year 9* – James Kidd; *Year 10* – Patricia Merz and David Maybury; *Year 11* – Briony Fenton; *Year 12* – Paul Schilling

A 'Parents Guide to Online Safety' is available via pdf download for anyone interested in the latest information: <https://www.esafety.gov.au/about-the-office/resource-centre/brochure-parents-guide-to-online-safety>

## **Year 7/8 news:**

### **Camp**

Year 7 and 8 camp was a great time of team building, outdoor learning and learning about Jesus' love for each student.

### **Homework - English**

Year 7 and 8 English students will receive homework tasks each Monday based on the work we are completing in class, or literacy skills which require attention. The task will usually be due the Friday after it is distributed. A due date will be recorded on the top right hand corner when the students write up/paste the task in their Homework exercise book, and in their diaries.

## **Year 9/10 news:**

It is now Week 4 and all students are well involved in their electives. Generally, changes are no longer possible. It is very difficult for students to catch up 4 weeks of content.

## **Year 10 news:**

Year 10 2018 students are the first cohort to be affected by the new 'Stronger HSC' initiative which impacts the 2020 HSC. The Year Coordinator have discussed what this means for the students. Soon, they will be given the opportunity to practice the test style to prepare those who need to meet the Literacy and Numeracy Standard. If a student received a Band 7 or below in a NAPLAN area in 2017, they have the opportunity to sit these tests and reach the eligibility status. They have several opportunities to meet this from now until 5 years after they sit the HSC For more information, please go to: <http://educationstandards.nsw.edu.au/wps/portal/nesa/about/initiatives/stronger-hsc-standards>

## **Year 10-12 news:**

These courses are now in full swing and all students have been enrolled into the NESA site (NSW Education Standards Authority - formerly BOSTES) in preparation for their official certificates in years to come (RoSA or HSC).

Please be aware of the syllabus and course requirements which are outlined in various handbooks that the students have been directed to. Please contact your child's Year Coordinator for any additional information.

**Janelle Rowe**  
**Deputy Principal**

# Primary Perspective

Welcome to First Term of 2018, it is going to be a busy, fantastic and blessed year. All of our Primary students have been assessed in literacy and numeracy, with some excellent results and additional help being put in place for the students who require it.

A big welcome to all our new families in the school, it is a delight to welcome you and your children to our school. We thank you for entrusting your child to our school for their education, we take this responsibility very seriously and we hope you will come on this journey with us. God will be on this journey with us, we will pray for your child and your family on a regular basis.

If you would like to discuss your child with their teacher or me please ring the office and arrange an appointment with the relevant person. Parents and carers are not able to visit the class rooms unless they have a visitor's pass which can be obtained from the front office. The exception being parents of Prep students who need to sign their children on in the Prep classroom.

One of the new initiatives being introduced this year is a drop and kiss zone in the car park, along the side of the administration building. This is an area where parents pull up, don't get out of the car, kiss their children and drop their children off for school and the reverse in the afternoon. There is a staff member at the gate who will let your child out of the gate so that they can quickly hop in the car. This initiative has been introduced to assist in student safety and to make the school carpark a safer place for all.



Another exciting initiative is the introduction of a school bus run provided by the school for our younger students. The school bus will pick students up from Grafton and South Grafton Presbyterian Church in the morning and deliver them back to there in the afternoon. At the present it is available for Prep, Kindergarten and Year 1 students. Year 2 students will shortly be able to access this free service. This helps with parents having to navigate the bridge and travelling on buses with much older students. A big thank you to Mrs Corrigan for driving our precious students to and from school. If you would like your student to access this service please contact Mrs Gutteridge at reception.

Many Blessings

**Mrs Barbara McLachlan**

**Deputy Principal/Head of Primary**



# Chaplains' Report



Hi everyone I am grateful for being able to see God working amongst our students and staff, we have had a wonderful Year 7 & 8 girls and boys camp at Brooms Head, the weather was good, the students got to know us and each other better, and everyone interacted well in all of the activities.

The girls learnt that they are here at this moment in history for a specific purpose, that God has plans for each one of them. Mrs Barron took the girls through Esther and talked about how Esther stood up for what was right and how she used both her position and her faith and trust in God, to help the people of her own nation from suffering severe punishment and execution. Thank you Mrs Barron for your great talks and sharing your own personal life stories, what an encouragement for our girls

I did the talks on the boy's camp and we looked at our origin, where we came from and how that affects how we see our purpose. We looked at the problem of sin in our lives and how Jesus is the solution. We looked at many examples of different men in the bible, ones who followed God and one who did not, and how that affected how they behaved, how they lived and how they treated others, and ultimately how faith and trust in Jesus is the way to future in heaven with God. Thank you boys for your questions, comments and personal sharing. I want to thank all the staff who helped at the camp and for those who took on extra classes to enable us to go on camp.

Here are some comments from the students;

*I loved the surfing, swimming, rock climbing, and the food ....really the whole camp*

*I like the food, swimming and talking about Jesus*

*I liked the rock climbing, socializing, sand, the food, the sand dunes, fishing .....everything*

*The camp talks were good, going over some of the biblical stories*

We had some great feedback from the other campers in the caravan park who said it was really nice to see our students interacting with one another, their politeness and respect for the teachers and how well behaved they were .....thank you boys and girls for making the camp a pleasure.

I had several students ask for bibles which we were able to give them thanks to a donation from the PWA of St. Andrew's Presbyterian Church in Grafton. If anyone does not have a bible and would like one please let me know.

I am working towards getting to see all the new students in our school, if anyone wants to see me please make arrangements with your teacher or myself. I am at school on Mondays through to and including Thursdays.

We are in the planning stages for our next mission trip to Mama Sayang Orphanage in Indonesia which will be for students who will be in Year 10 and up in 2019. I will be coming around with application forms for anyone who may be interested, see me for more information.

*Lamentations 3:22-23 says,*

*"Because of the Lords great Love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."*

May the grace and peace of Jesus be with you in all you do and may you find comfort in His love, compassion and faithfulness.

**Mick Schilling**





Clarence Valley Baptist Church

328 Fry Street Grafton



Kindergarten-Grade 6

**Friday nights 5:15—7:00 p.m.**

**Awana  
Clubs™**

Bible Stories, Games Time, Choruses, Bible Memory Work

**Enquiries: 02 66 42 57 43**

**Bus available for transport**



Clarence Valley Baptist Church

328 Fry Street Grafton

**Proteens**

**Friday Night Youth Group**

**7.00 p.m - 9.30 p.m.**

**Years 7-12**

Games Time, Supper And Study From The Bible.

**Enquires: Pastor Kendal Davies: 0431 164 973**

**Bus available for transport**

# Sport Report

The year has started off with a splash with our annual Swimming Carnival being held on the Tuesday of week three. I would like to thank all teachers, parents, students and friends for their help and cooperation in making the day such a success. Particular thanks needs to go to our new House Captains for the Leadership and organisation that they displayed. We had great participation throughout the day and it was great to see the level of athleticism improving each year. I am waiting for the arrival of our engraved age champion medallions before I am able to announce any results. These will be presented at a special sports assembly along with the announcement of Champion House from the event.

I would also like to congratulate all primary students who qualified for and competed at Zone Swimming in Coffs Harbour this week. It is very encouraging to see the training and hard work that our young athletes are putting in bearing fruit as they improve in their ability each year. Thanks is also needed for Mr Anderson and Mr Shipway, who took the squad through on Monday as well as the parents who were able to attend.

Week three also saw the beginning of our Touch Football program in High School. For the next four weeks we have the pleasure of hosting the regional development officer, Anthony Donovan and his offsider Merv. They will be running a vigorous training and development program as we prepare for the upcoming Zone Touch Football Gala in Ballina on Tuesday 13<sup>th</sup> March. Notes will be out for this event next week.

Yours in Christ

**James Kidd**

**Sports Coordinator**



**Year 12 students after their final race**